

DISCOVERY

Accident highlights need for risk management during 101 Critical Days

By Tech Sgt. Carl Norman
AFMC Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFMCNS) - A Kirtland Air Force Base, N.M., airman lies in critical condition following a July 23 automobile accident, bringing home the seriousness behind Air Force Materiel Command's 101 Critical Days of Summer safety campaign.

Currently, 18 people Air Force wide have been forever lost as the service's annual safety campaign reaches its halfway point. That number is up one from the 17 logged at this point in 2002, according to experts at the Air Force Safety Center.

During the 2002 101 Critical Days of Summer campaign, 30 Air Force people lost their lives. And according to John Sheehan, AFMC ground safety chief, "If the current trend continues, the Air Force could experience as many or more fatalities this year as they did last year, and one is too many."

Sheehan said the injured Kirtland airman fits into the category of 18-25 year olds who statistically are more prone to accidents.

"They think nothing will happen to them because it hasn't happened yet," he said.

Speed, alcohol, darkness and poor judgment are primary contributors to the two- and four-wheeled vehicle acci-



Photo by Airman 1st Class Samantha Shieh

Combat Dining In

Members of the Brooks enlisted force engage in 'war games'— a heated squirt gun battle during the recent annual Enlisted Combat Dining In. Enlisted members of all ranks

gathered together at the base picnic grounds. The informal Air Force function is meant to boost morale and build esprit-de-corps. In addition to the good-natured competitions, the event featured a barbecue, guest speaker and honor guard.

See Safety, Page 3

INSIDE



Spacecamper adds to family aviation legacy

Page

6



Brooks members get a 'kick' out of Aerobathon

Page

19

Air Force announces force structure changes

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFMCNS) — Air Force Materiel Command will collectively lose 561 military, 1,018 civilian and 182 drill authorizations, not necessarily people, next fiscal year according to 2004 force structure and realignment information defense department officials released July 23.

Command officials said authorization cuts do not automatically translate into employee separations and they are using a wide variety of manpower tools to minimize impact on AFMC people.

Force structure information indicated that 377 military and 1,074 civilian authorizations will be reduced at AFMC bases and units, according to command officials.

At non-AFMC units residing on bases belonging to the command, 184 military and 182 drill authorizations will be reduced but 62 civilian authorizations will be added.

At AFMC units residing at other locations, military authorizations will decrease by two while civilian authorizations decrease by half a dozen.

Force structure information indicated that 375 military and 1,074 ci-

vilian authorizations will be reduced at AFMC bases and units, according to command officials.

Each year Air Force officials provide a force structure announcement to Congress outlining the service's intent to realign, consolidate and enhance unit operations. This announcement addresses the president's budgeted force structure, realignment and management actions required to achieve efficiencies, modernize or make organizational changes, defense department officials said.

It specifies the force structure changes the total force experienced — active duty, Guard and Reserve.

Before making any decisions concerning major force movements, Air Force officials said they'd fully comply with the spirit and requirements of the National Environmental Policy Act.

To the extent possible, employees impacted by reductions will be able to take full advantage of the wide array of personnel programs available, officials said. Some of these include career job reservation and retraining opportunities for military members and priority placement, voluntary early

retirement authority and the voluntary separation incentive program for civilians.

Here is the base breakdown for AFMC's 10 major installations:

Arnold Air Force Base, Tenn. — Arnold Engineering Development Center loses seven civilian authorizations.

Brooks City-Base, Texas — As a result of the transfer of Brooks Air Force Base to the Brooks Development Authority in July of 2002, creating Brooks City-Base, 42 military authorizations and 95 civilian authorizations were eliminated last year. While the 311th Human Systems Wing and the Air Force Center for Environmental Excellence will together lose 12 military and 29 civilian authorizations this year, Brooks will gain 21 civilian authorizations as a result of the Air Force Audit Agency bringing 50 people. It is estimated AFAA will have a total of 75 employees at Brooks by the end of the year.

Edwards Air Force Base, Calif. — The Air Force Flight Test Center loses 58 military and 125 civilian authorizations as a result of workforce re-

See Restructure, Page 3



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We will never forget...

By Sarah Anne Carter

AFMC Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFMCNS) — I, Sarah Anne Carter ...

The pictures are considered stock photography by most news organizations now. News organizations use the photos today to emphasize a news event, usually involving terrorism or, most recently, the release of the report about how U.S. intelligence acted prior to that day. Yet, every time I stumble upon a picture from Sept. 11, 2001, I pause. The pictures still effect me.

... having been appointed to government civil service in the United States Air Force ...

My current position doesn't quite show how loyal to the Air Force and my country I am. People I've met in this professional environment often joked that I'm blue through and through.

I was born on the U.S. Air Force Academy to a young airmen and his wife. I grew up on military installations across the United States in several foreign countries.

My family bonded through the experiences of moving, separations due to schools and the countless TDYs. And now that I've grown up, I'm now working for the Air Force.

... do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic, that I will bear true faith and allegiance to the same; ...

My first day of permanent civil service, I took the oath. And it truly meant something. I had seen enemies attack my country several months before.

On Sept. 11, 2001, when I went work, evil men were plotting to destroy the lives of hundreds of innocent people. I was in shock with the rest of America when the Trade Center towers were attacked.

Don't let the 'details' slide; wear your pride

By Maj. Gen. Michael W. Wooley

Third Air Force commander

ROYAL AIR FORCE MILDENHALL, England — Ralph Waldo Emerson once noted: "What you are stands over you...and thunders so that I cannot hear what you say to the contrary."

What does this mean in today's Air Force? I believe it means that I should be able to spot professional airmen from across a parking lot, before they render a sharp salute and a verbal greeting. I should be able to tell by the manner in which they carry themselves, with their heads held high and looking everyone in the eye, and by the crisply ironed uniforms bloused over freshly shined boots. It means that those of us who serve don't just throw on a uniform because we have to. We wear it with pride because we choose to.

The men and women of the U. S. Air Force comprise the finest fighting force in the world. With few exceptions, they are honorable, brave warriors who have conducted themselves brilliantly in conflict. They embody the spirit of the heroes of past and give us great hope for the future.

Given what many of us have been through during our days in the Air Force — the end of the Cold War; downsizing; the Gulf War; operations

And then the terrorists got personal. They hijacked a plane and directed it straight toward the Pentagon — where my father was sitting in his blue uniform serving his country.

... that I take this obligation freely, without any mental reservation or purpose of evasion, and that I will well and faithfully discharge the duties of the office upon which I am about to enter. ...

Many hours were spent that morning wondering how many members of my family would be alive at the end of the day. One of my brothers and I were relatively safe in Omaha, Neb., although when the president landed at Offutt Air Force Base, Neb., I'm sure that city became a target.

My mother and my other brother were in Washington, D.C. I received several panicked phone calls from my mother who was not only wondering where her husband might be and when her son might be able to get home from a local high school, but if she should evacuate her housing at Bolling Air Force Base, D.C., after she heard a loud explosion.

... SO HELP ME GOD.

Each minute that morning seemed to last forever. And then the phone rang and I heard my father's voice.

The day ended and all five of us considered ourselves immensely blessed to still have an intact family. So many people that day did not have the same ending.

All five of us pause when we are reminded of that day, whether it's when we see the pictures on the news or hear conversations about that day. On Sept. 11, 2003 — two years later — I plan to walk in to work at an organization where I'm serving my country and my father will walk into the Pentagon wearing his uniform proudly.

My mother and brothers will count their blessings. And I know that sometime during that day, we will all take time to pause.

Sept. 11, 2001 - we will never forget.

Allied Force, Enduring Freedom, Iraqi Freedom and numerous others — focusing on military standards of dress and appearance may seem like getting "down in the weeds" with details. Experienced military men and women know, however, that it is often the details that mean the difference between mission accomplishment and failure.

I know how easy it is to let customs and courtesies slide when deployed, when trying to accomplish so much with so few people and resources, when we are all hyper-focused on life-or-death missions. But we are what the American people and our allies see and equate to the U.S. military. No matter what the rank, how we look and conduct ourselves does matter. If we "let the details slide," then who is to say what's next?

Everywhere I go I am consistently impressed by the sharp men and women I meet because I know why they behave that way. They take pride in their Air Force, and how they conduct themselves underscores that pride. Each of us who serves is a role model, an ambassador in blue.

For those who have gone before us, who have given their lives so that we could have this great Air Force, so that we could enjoy the wonders of freedom and liberty, we pledge our best. Remember each morning as you put on your uniform what it stands for. Then you will always look, act and be that ambassador.

(Courtesy of U.S. Air Forces in Europe News Service)



Structure

Continued from Page 1

shaping. Operating location AK, Aeronautical Systems Center gains four military and eight civilian authorizations from the Air Force Research Laboratory at Wright-Patterson Air Force Base, Ohio, and the Air Armament Center at Eglin Air Force Base, Fla., for special programs. Adjustments to the Joint Strike Fighter program result in an increase of one military and 11 civilian authorizations in the 412th Test Wing. The 412th Maintenance Group gains 25 military authorizations because of productivity programs. The 18th Space Control Squadron inactivates and realigns part of its mission to Peterson Air Force Base, Colo., resulting in the loss of 28 military and four civilian authorizations. Other minor actions result in an increase of five military and one civilian authorization.

Eglin Air Force Base, Fla. — The Air Armament Center loses 67 military and 132 civilian authorizations as a result of workforce reshaping. The 28th test squadron transfers one military position to the 53rd Test and Evaluation Group at Dyess Air Force Base, Texas. AAC gains 14 civilian authorizations to support foreign military sales and nine civilian authorizations for special programs. AAC also gains two military acquisition authorizations. Three military positions are converted to civilian in the 96th Civil Engineering Group. The 96th Mission Support Squadron gains one military and one civilian authorization for the organizational health center. Nine civilian authorizations were added to AAC for special programs. The 53rd Wing loses 18 civilian authorizations and the 33rd Fighter Wing loses one civilian authorization as a result of workforce reshaping. The 20th Space Control Squadron loses seven civilian

authorizations as a result of workforce reshaping. Other minor mission changes result in a gain of 13 military and loss of two civilian authorizations.

Hanscom Air Force Base, Mass. — The Electronic Systems Center loses 55 military and 81 civilian authorizations as a result of workforce reshaping. The Air Force Research Laboratory loses eight civilian authorizations, with six realigning to Kirtland Air Force Base, N.M., as a result of manpower restructuring and two re-assigned to Sunspot, Ariz. The Electronic Systems Center converts 19 military authorizations to civilian and seven civilian authorizations are added to support the foreign military sales program. Other programmatic changes result in a gain of four military and one civilian authorization.

Hill Air Force Base, Utah — The 75th Air Base Wing gains 42 military authorizations to provide base operating support to Air Combat Command units. The Ogden Air Logistics Center reduces 22 civilian authorizations in the foreign military sales program and loses 43 military and 122 civilian authorizations as a result of workforce reshaping. The 419th Combat Logistic Support Squadron loses 26 drill authorizations to match wartime requirements. Other minor actions result in a decrease of six military and an increase of four civilian authorizations.

Kirtland Air Force Base, N.M. - The 377th Air Base Wing loses 18 military and 38 civilian authorizations and the AFMC Office of Aerospace Studies loses one military and two civilian authorizations to workforce reshaping. The 58th Special Operations Wing

See Restructure, Page 8

Officer promotions

The following Brooks commissioned personnel have been selected for promotion to the rank of major. Congratulations.

- To Major:**
- Brian Costello**
311th Medical Squadron
- James Turner**
311th Mission Support Group
- James Rumbley**
311th MSG
- Anthony Cunningham**
311th Human Systems Wing
- Vincent Riche**
311th HSW
- James Ronyak**
311th HSW
- Cathy Blacklock**
311th HSW
- Nelson Arroyo**
311th HSW
- Javier Ruiz**
U.S. Air Force School of Aerospace Medicine
- Phillip Kemp**
USAFSAM
- Melissa Checotah**
Air Force Medical Support Agency
- Michael Nielsen**
AFMSA
- Scot Spann**
AFMSA
- Thomas Williford**
AFMSA
- Robert Grainger**
Air Force Center for Environmental Excellence
- Karlo Jajliardo**
AFCEE
- Allen Thibeaux**
AFCEE
- Julia Sundstrom**
Air Force Research Laboratory



Safety

Continued from Page 1

dents claiming the majority of lives this year, Sheehan said. In fact, motorcycles account for 55 percent of the fatalities Air Force officials have recorded so far during this 101 Critical Days of Summer campaign.

“People simply aren’t taking the time to think of the risks involved in the things they’re doing,” he said. “We’ve had cars and motorcycles in this country for a long time and people have been running into things for that same amount of time. Seems like we haven’t learned much over the years, and we’re paying a high price to learn the same old lessons.”

To help wrestle this problem and see fewer people die due to recklessness, Sheehan encourages people to use risk management techniques and think about what might happen in any given situation.

“Exercising risk management in everything we do, on and off duty, is the key to enjoying safe activities,” Sheehan said. “We do a pretty good job with on-duty mishaps and fatalities because we have more control over how people conduct business. But people need to put those same ideals into

practice with off-duty activities because the off-duty stuff can kill you just as dead as the on-duty things can.”

Sheehan said if people apply the six steps of risk management, they can be reasonably assured there will be no surprises.

The six steps he referred to are: Identifying hazards associated with a particular activity; assessing the impact each hazard has in relation to potential loss and severity; determining controls necessary to reduce or eliminate the hazards; making decisions as to accepting, avoiding or controlling the risk; following through to make sure appropriate controls are used; and monitoring the situation and adjusting as necessary to keep things under control.

Take driving a vehicle for example, he said, citing that two- and four-wheeled vehicles join forces to account for nearly 90 percent of this year’s 101 Critical Days fatalities. Using risk management techniques, an individual would first consider the hazards of the road. After assessing the risk and analyzing the control measures, that individual might want to check the weather and drive accordingly, he said.

Sheehan also suggests keeping road rage caged; not drinking and driving; being ready for wildlife at all times since animals can dart in front of a vehicle at any time; driving defensively and being cautious on unfamiliar roads.

Checking into alternate methods of traveling and taking spare parts and tools on extended trips can help travelers be prepared for the unexpected.

Everyone, including supervisors and managers, needs to continue strong interaction with their co-workers and encourage each other to emphasize safety through the remaining 101 Critical Days of Summer, both in on- and off-duty activities, Sheehan said.

“This is the time of year where more activities are happening and therefore the risk of mishaps happening increase,” he said. “With increased awareness and people taking the time to think about what might happen in any given situation, we can continue minimizing our mishaps and fatalities and bring our people back home safely.”

(Courtesy of AFMC News Service)

Brooks Youth Services hosts National Night Out

By Rudy Purificato

311th Human Systems Wing

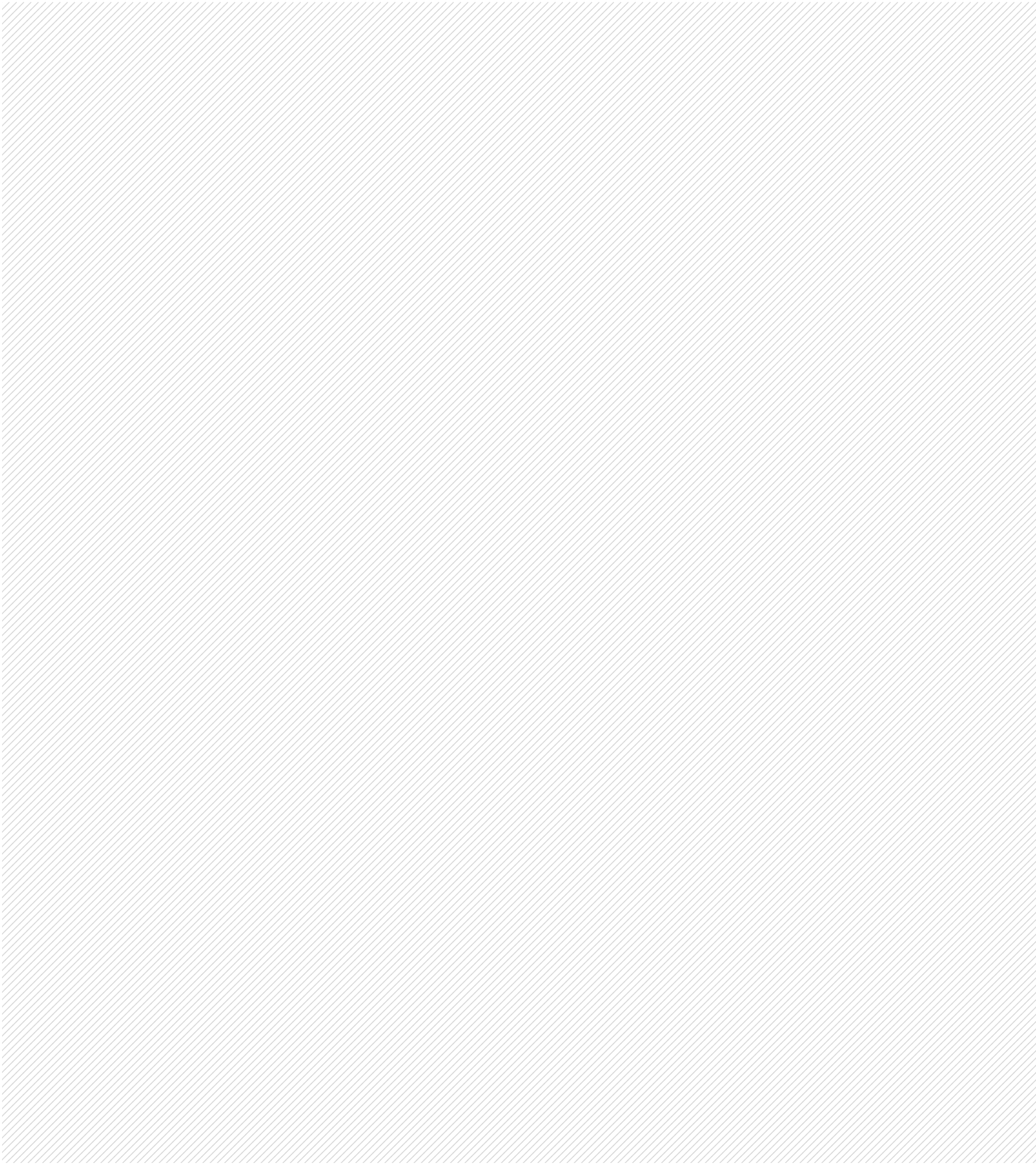
Brooks Youth Services hosts the 20th Annual National Night Out Against Crime at the Youth Center Aug. 5 at 6:30 p.m. The local event encourages Brooks families to spend an evening meeting neighbors and community supporters in a family-oriented, crime-free environment.

“We plan to have free entertainment and food,” said Youth Sports Director Larry Flores. Col. John Bowley, 311th Mission Support Group commander is scheduled as the speaker.

The San Antonio Fire Department and the 311th Security Forces Squadron’s informational displays will promote crime and drug prevention and personal and home safety.

“We hope this event will heighten crime and safety awareness,” said Flores, who was previously in law enforcement.

The Brooks Youth Services’ event is affiliated with the National Association of Town Watch which created National Night Out in 1983.





Deadline nears for submitting recipes to Brooks new cookbook

By Rudy Purificato

311th Human Systems Wing

“Finger lickin’ good” recipes abound in the new Brooks Heritage Foundation cookbook, but there is room for a few more culinary surprises so long as they are submitted by the Aug. 8 deadline.

Called the “Wings of Change,” this new edition replaces the original cookbook titled “A Taste of History” that has since become history as a sold out and out-of-print publication.

“We first published the original cookbook in 1991 to raise funds for the annex renovation,” said Brooks Heritage Foundation executive director Shelia Klein, referring to the U.S. Air Force Aero-medical Evacuation Annex located next to Hangar 9. The annex serves as BHF headquarters.

Klein said 1,000 copies of “A Taste of History” were originally printed, with an additional 500 printed in 1993.

“It contained over 200 recipes,” Klein said.

BHF sold the last copy of this culinary classic in 2002.

BHF officials hope the new version will be as popular as the original, based on a similar format that features regional, national and international recipes from local contributors and national celebrities.

Among those who contributed recipes to the original cookbook were former First Lady Barbara Bush, former Texas Governor Ann Richards, astronaut John Glenn’s wife Annie and some well-known local restaurants including the Grey Moss Inn, La Fonda, Nadler’s Bakery, Macaroni Grill, the St. Anthony Hotel and Scrivener’s Tea Room.

The original version, which was looseleaf bound, also featured Brooks heritage vignettes and historic photographs.

“We have already received nearly 200 recipes for the new cookbook. We have (twice) extended the deadline for submitting recipes,” Klein said, noting that the book should be printed by Thanksgiving.

Many local, state and national celebrities have

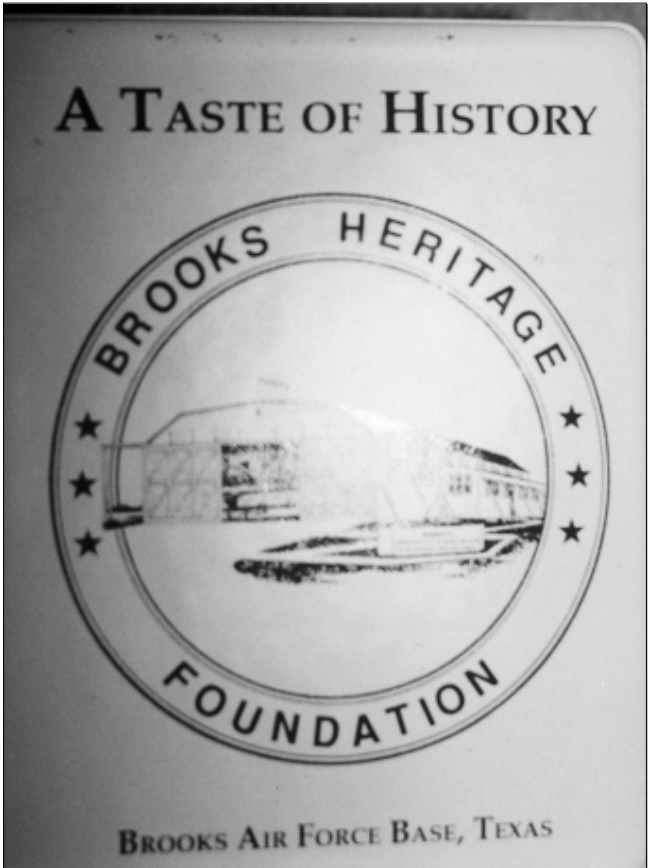


Photo by Rudy Purificato

This original Brooks Heritage Foundation cookbook, published in the 1990s, is being replaced by a new version featuring recipes from Brooks senior leaders as well as local, state and national celebrities. The new book should be printed and available by Thanksgiving.

already contributed recipes, Klein said. Some notable contributors include Texas Governor Rick Perry, U.S. Sen. Kay Bailey Hutchinson, U.S. Rep. Ciro Rodriguez, University of Health Science Center president Dr. Francisco Cigarroa, and the wife of a former Brooks Clinic doctor whose recipe was first printed in Gourmet Magazine in 1988.

Several Brooks senior leaders have also submitted recipes, including 311th Human Systems Wing Commander Col. Thomas Travis.

Among local restaurants that have contributed recipes are Paloma Blanca, Rio Rio, the Ugly Duckling Café and Bruce Auden’s Biga on the Bank.

Recipe solicitations for the new cookbook be

gan in May, Klein said, noting that letters requesting recipes were sent to 40 San Antonio restaurants as well as local, state and national leaders including the White House.

“Gov. Perry’s recipe was the first one that we received,” Klein said, noting that the cookbook will commemorate the Centennial of Powered Flight, Brooks heritage and 311th HSW history.

Between 500-750 copies of the new cookbook will be printed,” she said. It will be sold for \$20 to help raise additional funds for BHF projects.

“Wings of Change” will be printed in a three-ring vinyl binder with divider pages. Recipes will be categorized in various sections to include poultry, seafood and pasta, appetizers and beverages, soups and salads, meat dishes, veggies and side dishes, breads and egg dishes, healthy heart entries, and sweets.

Anyone wishing to contribute recipes must submit them by Aug. 8 by e-mail: bhf@satx.rr.com, fax: 536-1565, or by regular mail to: P.O. Box 35362, Brooks City- Base, Texas 78235.

Contributors can also drop by their recipes at the annex gift shop between 10 a.m. and 5 p.m. Monday-Friday.

Recipe submissions must be typed or printed clearly on 8-and-half inch by 11inch paper and must include the recipe name; contributor’s name and phone number; recipe category, such as main dish or dessert; ingredients listed in order; preparation instructions including cooking time, temperature and container size and type; and optional comments.

Klein said multiple recipes can be submitted, but the Heritage Foundation cannot guarantee that more than one recipe per person will be published.

“Duplicate recipes will be published once with recognition to all contributors of that recipe,” Klein said.

BHF is also accepting pre-orders for the cookbook. To order, write to the above mailing address or call 531-9767.

The cost of the book includes shipping charges. Checks, MasterCard and Visa are accepted, made payable to Brooks Heritage Foundation.

Rudolph.Purificato@brooks.af.mil



ACTION LINE

536-2222



The COMMANDER'S ACTION LINE is your opportunity to make Brooks a better place to live, work and play.

If you have a suggestion for improvement, a complaint or a problem that you have not been able to resolve through normal complaint channels or the chain of command, call the COMMANDER'S ACTION LINE, 536-2222.

Only items of general interest will be published, so please leave your name and number for a personal response.

The base agencies listed below can be contacted directly:

Col. Tom Travis
311th Human Systems
Wing commander

311th Security Forces Squadron.....	536-2851
SFS after duty hours.....	536-2851
311th Civil Engineer Squadron.....	536-3861
311th Communications Squadron.....	536-6571
311th Mission Support Group Logistics Division.....	536-3541
Safety.....	536-2111
Housing Maintenance.....	533-4100
Housing Office.....	536-1840
311th Services Division.....	536-2545
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BXMarket.....	533-9079
Brooks Development Office.....	536-3655
Brooks City-Base Marketing and Development Office.....	536-5366



Brooks Family Support Center activities

Call 536-2444

for information or to register

Sponsor training

Aug. 12, 10:30 - 10:45 a.m., Bldg. 537—

In accordance with Air Force Instruction 36-3011, sponsor training is mandatory for all first-time sponsors and those who have not sponsored within the past year. Others are welcome to attend to learn about tools and resources available for sponsors.

Common sense parenting

Aug. 12, 11a.m.- 1 p.m., Tuesdays, Bldg. 618 —

This class, hosted by the Life Skills and Family Support Centers, is a six-week program designed to teach parenting skills that encourage positive behavior and teach alternatives to problem behavior. Topics include setting expectations, consequences, teaching self-control, prevention and correction and helping children make decisions. Call 536-5301 to register for the class.

Transition assistance

Aug. 19-21, 8 a.m.-4 p.m., Bldg. 537—

Making the transition from military to civilian can be a big undertaking. This seminar allows us to better serve separating and retiring members and their spouses. Topics include job search preparation, resume writing, interviewing skills and appropriate dress, veteran's benefits, and more. Members should plan to attend at least 180 days prior to retirement/separation.

Smooth move

Aug. 28, 12:30 - 3 p.m., Bldg. 537—

PCSing? Hear briefings from travel, legal, the clinic, finance, housing and the Family Support Center and ask your questions. The seminar is open to all active duty members, DoD civilians and spouses.

PCS overseas

Aug. 28, 3 - 4 p.m., Bldg. 537—

Any move can be stressful, but an overseas move has its own set of challenges and opportunities. Learn more about your OCONUS PCS by attending the Smooth Move seminar and staying after for PCS Overseas.

Consumer credit counseling

Thursdays, 9:30 a.m.-1:30 p.m., Bldg. 537—

You can get out of debt with a debt management plan. Call for an appointment.

VA benefits assistance hours

Wednesdays, alternate Fridays, 9-1 p.m., Bldg. 537—

The on-site VA representative at Brooks now has expanded hours. Schedule an appointment to receive claims assistance, screen medical records or have a one-on-one consultation.



Photo by 1st Lt. Mike Chillstrom

The force

Col. Ted Rogers, 59th Medical Wing administrator, listens to final instructions before riding in the Air Force Research Laboratory's centrifuge at Brooks recently. The centrifuge tests the effects of gravitational forces on the body. Rogers experienced 5.06 Gs during his 15-second ride. Volunteer subjects, many of whom come from Wilford Hall, are needed to conduct the acceleration research that benefits aircrew of high performance aircraft such as the F-15, F-16, F-22, and Joint Strike Fighter.

Restructure

Continued from Page 3

gains 37 military positions to support increases in combat search and rescue and loses eight military and four civilian authorizations as a result of workforce reshaping. Detachment 12, Space and Missile Systems Center loses four civilian authorizations as a result of workforce reshaping. The Air Force Inspection Agency loses five military and one civilian authorization, the Air Force Safety Center loses two civilian authorizations, and the Air Force Operational Test and Evaluation Center loses 68 military and 11 civilian authorizations as a result of workforce reshaping. Other minor actions result in a decrease of 13 military and an increase of 10 civilian authorizations.

Robins Air Force Base, Ga. — The Warner Robins Air Logistics Center loses 38 military and 175 civilian authorizations to workforce reshaping. The ALC loses 37 civilian authorizations to mission adjustments to foreign military sales and special programs. The 116th Air Control Wing loses 136 military authorizations to the secretary of the Air Force directed blending an air national guard B-1 wing into the active duty E-8C wing. The wing also receives one E-8C aircraft. The 622nd Combat Logistics Support Squadron loses 56 drill authorizations to match wartime requirements. The 19th Air Refueling Wing gains 15 military authorizations for KC-135 crew ratio increase. The Warner Robins Air Logistics Center gains 34 civilian authorizations due to the Materiel Supply Division Tier 1. Other mission realignments result in a gain of seven military and five civilian authorizations.

Tinker Air Force Base, Okla. — The Oklahoma City Air Logistics Center gains 34 civilian authorizations to support materiel supply workload and loses 25 military and 153 civilian authorizations to workforce reshaping. The 507th Air Refueling Wing increases the crew ratio for authorized KC-135 aircraft, resulting in an increase of 11 civilian and three drill positions. Operating location AB, Standard Systems Group, Electronic Systems Center loses three civilian authorizations and the 38th Engineering and Installation

Group loses 12 civilian authorizations as a result of workforce reshaping. The 507th Combat Logistics Support Squadron loses 42 drill authorizations to match wartime requirements. Other minor actions result in the decrease of two military and three civilian authorizations.

Wright-Patterson Air Force Base, Ohio — The Air Force Institute of Technology gains 15 military and 73 civilian positions for increases to the Air Force in-resident graduate education program and loses two military and four civilian authorizations as a result of workforce reshaping. The 338th Recruiting Squadron loses one military and one civilian authorization as a result of workforce reshaping. The 74th Medical Group decreases 16 military and two civilian authorizations from medical annual planning and programming guidance adjustments. The Air Force Research Lab increases eight military and 15 civilian authorizations as a result of mission transfers. The Air Force Petroleum Office gains 22 civilian authorizations from Lackland Air Force Base, Texas. The Aeronautical Systems Center loses 53 military and 214 civilian authorizations as a result of workforce reshaping. ASC also loses one military and gains 42 civilian authorizations to support the foreign military sales program. AFMC field operating agencies lose five military and 16 civilian authorizations and operating location C, 46th Operations Group, loses 20 civilian authorizations as a result of workforce reshaping. Operating location WP, Detachment 3, Warner Robins Air Logistics Center loses one civilian authorization and the Air Force Research Lab loses one military and one civilian authorization as a result of workforce shaping. The 88th Air Base Wing converts 13 military authorizations to civilian and the Aeronautical Systems Center converts 19 military authorizations to civilian as a result of workforce reshaping. Mission adjustments to classified programs will result in an increase of three military and 12 civilian authorizations. The 445th Airlift Wing retires eight C-141 aircraft. The 445th Combat Logistic Support Squadron loses 61 drill authorizations to match wartime requirements. Other minor actions result in an increase of two military and five civilian authorizations.

For more information, contact military and civilian manpower and personnel experts at 536-1845 or 536-3353 respectively.



Brooks spacecamper adds to family aviation legacy

By Rudy Purificato
311th Human Systems Wing

He has the same first name as the boy who met “E.T.,” but nevertheless did not encounter any extraterrestrials during his extraordinary space camp experience here that ended July 25.

None of the 16 fellow Camp Challenger participants knew that Elliot Chal was fulfilling his destiny as the grandson of one of America’s legendary aviators.

“He really wants to fly,” said Chal’s mother Cindy, who is the first-born child of retired Lt. Col. Richard Cole who made American aviation history as Gen. Jimmy Doolittle’s co-pilot during the 1942 raid over Toyko.

Cole, who attended his grandson’s space camp graduation, met a retired astronaut at the ceremony who was about Elliot’s age when the former was stationed with the latter’s dad.

“I knew his father Elmer. We played on the Armed Forces Staff School softball team in Norfolk, Virginia, in 1952. I pitched and he played first base,” said Cole, refer-



Photo by Rudy Purificato

Retired astronaut John Blaha, left, tells Camp Challenger graduate Elliot Chal, right, how the latter’s grandfather, second from left, retired Lt. Col. Richard Cole was an explorer from another era. Cole’s daughter and son-in-law look on.

ring to John Blaha’s dad.

Blaha, a retired NASA astronaut, officiated at the space camp graduation as the Brooks Aerospace Foundation chairman.

Following the graduation ceremony, Blaha told 11-year-old Elliot, “Your grandfather was every bit the explorer I was, but during a different era and under different circumstances. What he did had never been done before.”

Cole, one of 19 surviving “Doolittle Raiders,” helped pilot the lead plane from the U.S.S. Hornet in which for the first time in American history bombers were launched from an aircraft carrier. The raid, involving 15 B-25

Mitchell bombers, dealt a devastating psychological blow to Imperial Japan when Tokyo was set ablaze with incendiary bombs.

“I really think that he (Doolittle) was at the time the best pilot of propeller-driven airplanes. We only had 458 feet on the deck to take off,” Cole said.

Besides being the first member of his family to travel into simulated space, Elliot is the only family member among Cole’s five children and many grandchildren who has inquired about his grandfather’s World War II exploits.

Elliot recently traveled with his grandfather to a Doolittle Raiders reunion at Travis Air Force Base,

Calif.

“He asked me how fast the plane was going and if I could see the bombs drop,” recalls Cole, noting that the B-25 he co-piloted flew 200 mph at 1,500 feet during the raid.

“We didn’t see the bombs drop,” Cole added, explaining that heavy weather caused the raiders to bail out over China. The heroic mission was later chronicled in the motion picture “Thirty Seconds Over Tokyo” starring Spencer Tracy as Doolittle.

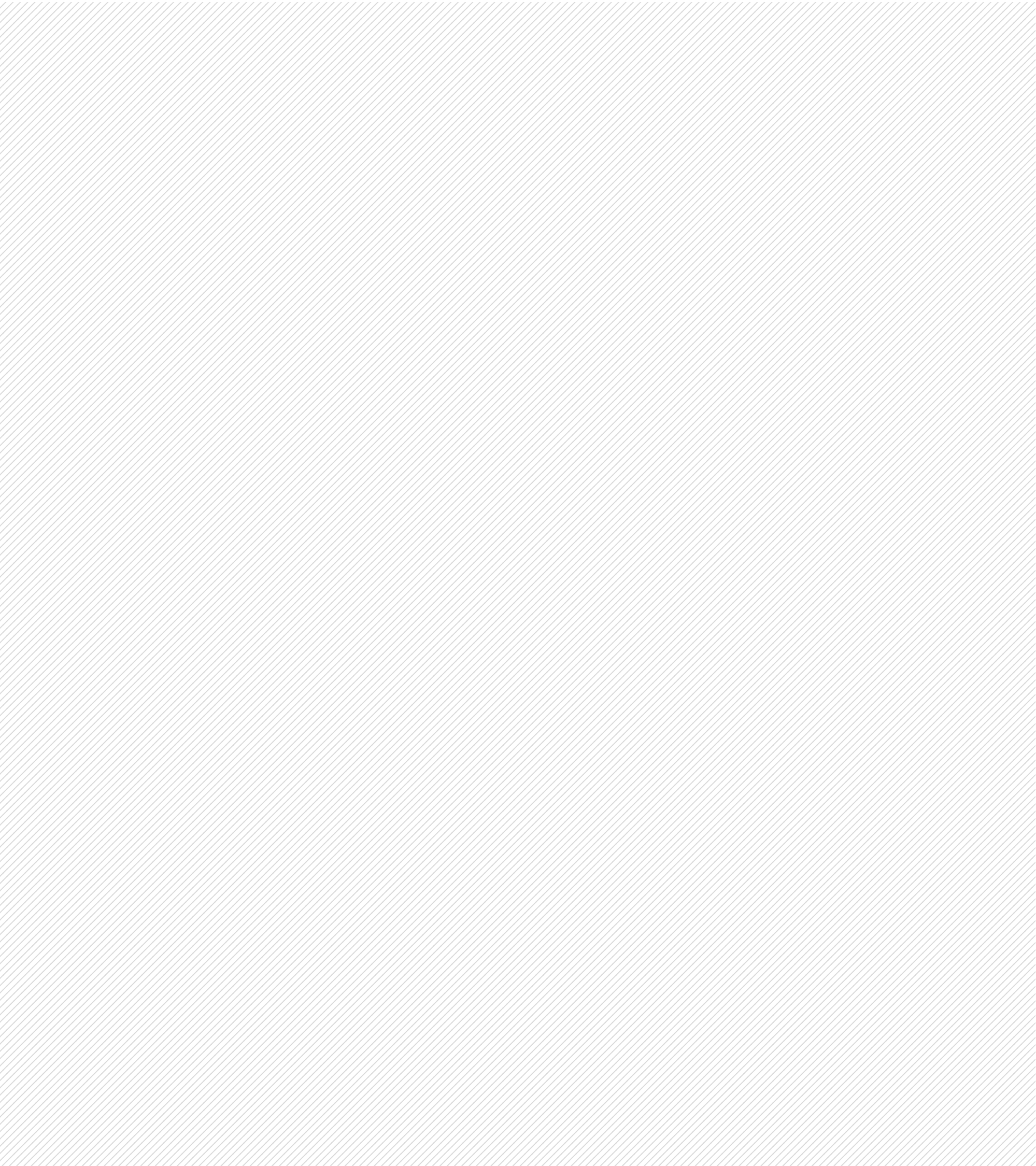
Co-starring in the last of four Brooks space camps held this year was Elliot, tasked with designing a space probe.

“My most rewarding experience in space camp was being crew chief on the space station that we built out of PVC pipe,” Elliot said.

Elliot, a sixth grade student at Van Guard Institute in Boerne, Texas, appears to be genetically predisposed to flying. Besides his grandfather and retired F-15 fighter pilot uncle, Elliot’s older brother Nathan is continuing the family aviation legacy as an Air Force Academy cadet.

Flying a Challenger Learning Center mission was an ‘out-of-this-world’ experience for Elliot who earlier this year contributed to aviation history. He flew a T-6 as part of the Experimental Aircraft Association’s “Young Eagles” program to have one million students fly planes by Dec. 17, 2003, the centennial of the Wright Brothers’ historic “first flight.”

Rudolph.Purificato@brooks.af.mil





Senior NCO induction

The 311th Human Systems Wing’s first Senior Noncommissioned Officer Induction Ceremony is scheduled for Aug. 7 at the Brooks Club. The social begins at 6 p.m. and dinner is served at 6:30 p.m. Dress for the event is mess dress or semi-formal for military personnel and after-five attire for civilians. Tickets are priced on a sliding scale and are available through unit SNCOs. Contact Master Sgt. Willie Barton at 536-3233 or Master Sgt. Georgia Royster at 536-5528 for more information. Come celebrate the achievements of the outstanding Brooks NCOs who are taking the next step in their Air Force careers, induction into the SNCO ranks.

New state laws on cell phone use

Beginning Sept. 1 new rules apply to the use of cell phones in vehicles. In accordance with Texas House Bill 281, operators may not use a telephone in a vehicle unless the vehicle is stopped or the phone is used without either of the operators hands. An offense is a misemeanor but offenders may receive a fine of \$25-\$100.

AACA barbecue

The Brooks African American Cultural Association hosts the Summer Heat barbecue Aug. 14 from 11:30 a.m. to 12:30 p.m. at the Air Force Center for Environmental Excellence pavillion. Barbecue brisket or chicken plates, prepared by Grill Sgt. Aaron Sinclair, are served with potato salad, beans, bread, pickles, onions and drink. Tickets are \$6 and must be purchased by 11 a.m. Aug. 8. Proceeds benefit

NEWS briefs

the Bernard P. Randolph Scholarship Fund. Contact Claudia Phillips at 536-3547, Rick Sinkfield at 536-4188 or any AACA member for tickets.

Toner cartridge recycling

Empty toner cartridges from computer printers and office copiers are recyclable. Throwing them away adds a burden to municipal waste landfills and increases disposal costs. To recycle cartridges at Brooks, drop them off at the checkout counter of The Lighthouse for the Blind supply store in Bldg. 1150. The store accepts empty cartridges from any Hewlett-Packard computer printer, including popular Inkjet and Laserjet cartridges. Call 536-3752 for more information. Toner cartridges from Ricoh office copiers are also recyclable. According to IKON Office Solutions, each new cartridge comes boxed with a pre-addressed label for easy return of an empty cartridge. Place the empty cartridge in the original box, affix the return label and tape shut. The next time UPS delivers a new toner, give the sealed box to the delivery person. The UPS delivery person cannot wait for empty cartridges to be packaged. For more information or assistance, call IKON Office Solutions at 820-0334.

Altitude subjects

Altitude subjects are needed to help provide F-22 pilots, high altitude parachute personnel, high altitude reconnaissance pilots and astronauts with ad-

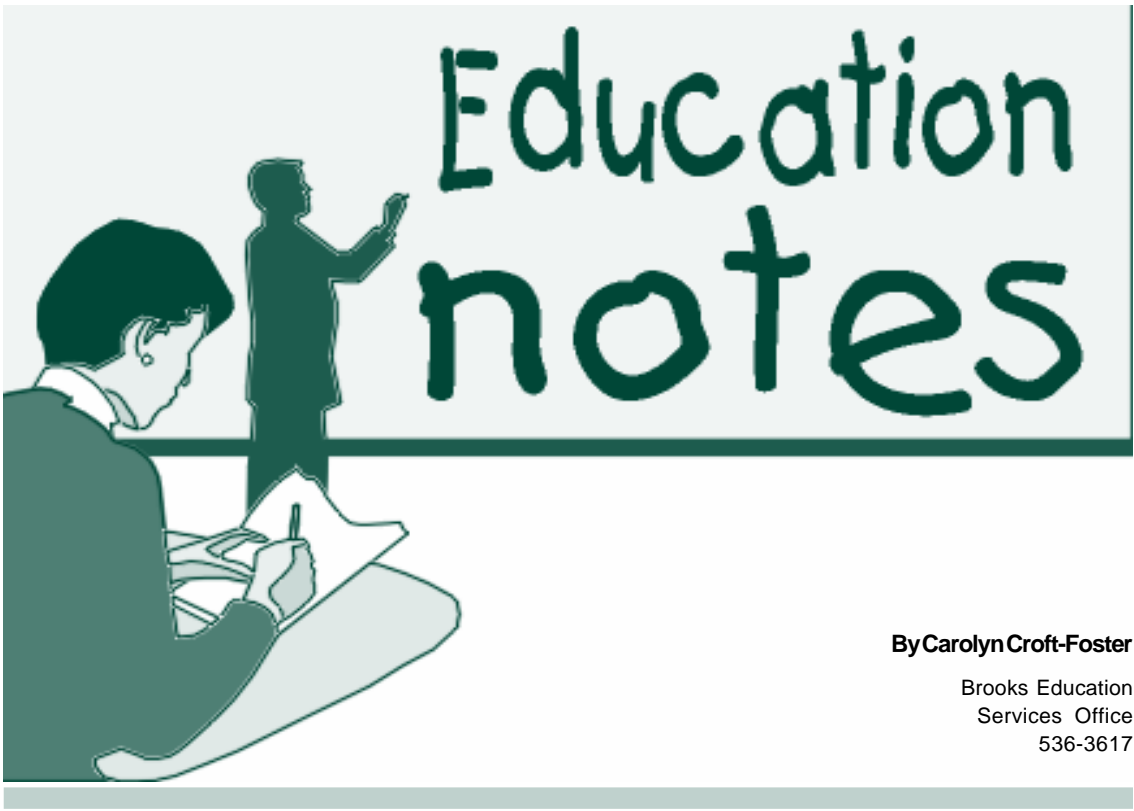
equate equipment and procedures. Several research protocols are being conducted at the High Altitude Protection Laboratory at Brooks to accomplish this mission. Hypobaric (altitude) chamber test subjects can earn \$150 per month for participating in at least one session per month. Each subject must meet Air Force body fat or height/weight standards, be a non-smoker for at least two years, be between 18 and 50 years of age, and be able to pass an appropriate physical exam. Contact Heather Alexander at 536-3440 or Jim Carlile at 536-3546 for more information.

Centrifuge subjects

The Air Force Research Laboratory Biodynamics and Protection Division is in need of active duty volunteers between the ages of 18 and 50 years and able to pass the equivalent of a flying class exam. Volunteers will participate in several studies to help in the development of safe life support equipment, protocols and procedures for Air Force aircrew in wartime and peacetime environments. Subjects may earn \$150 hazardous duty pay per month. Contact Suzanne Flores at 536-6258 for details.

Sleep subjects

The Chronobiology and Sleep Laboratory at Brooks needs volunteers for a number of ongoing sleep research studies. Interested Air Force and civilian personnel who meet the necessary qualifications are eligible to receive compensation starting at \$10 per hour. Contact Katy Ramsey at 536-3616 for additional information, or visit the website at: www.ntiinc.com and link to “studies.”



ByCarolyn Croft-Foster
Brooks Education
Services Office
536-3617

AWC Nonresident Seminar

Recruiting for the 2004 academic year for the Air War College Nonresident Seminar Program is underway. An organizational meeting is scheduled for Aug. 4 at 3 p.m. in Bldg. 558. Seminar meetings are held weekly starting in August and run until mid-June 2004. The AWC Nonresident Studies Seminar Program is open to active duty, National Guard and Reserve colonels, lieutenant colonels and lieutenant colonel-selectees, or their equivalents, of any component of the U.S. Armed Forces and civilian employees, GS/GM-13 or above. Eight people are required to form a seminar. Students with term credit from other editions may also enroll and should check with an AWC faculty advisor for details.

For students who cannot take advantage of the seminar program, the correspondence program is also available for immediate enrollment. Correspondence students have six months to complete each term in the three-term core program with the required elective completed sometime during this 18-month period.

Applications are available at: www.maxwell.af.mil/au/awc/ns/ns-enroll.htm. Bring completed applications to Education Services in Bldg. 558 or call 536-3618 for more information.

ACSC Nonresident Seminar

The Education and Training Center is seeking eligible major, major-selectees, GS-11s and above for the ACSC Nonresident Seminar Program. An organizational meeting is scheduled for Aug. 5 at 3 p.m. in Bldg. 558. Nonresident seminars meet each week from August through June 2004. The course grants Phase 1 Joint PME credit, Intermediate Service School credit, up to 27 semester hours of graduate course work, and reserve points as determined by AFPC. Seminars need eight enrollments per site. To register, visit Education Services to complete an ACSC application, or call 536-3618 for more information.

Fall On-Base classes

Registration is underway for Fall 2003 classes with Palo Alto College. On-Base classes include History, Philosophy, Speech, Accounting, Supervision, Management, and Logistics. The state-required placement exam is offered Aug. 5 and Aug. 19. For more information or to schedule an appointment with the Alamo Community College District representative, please call 536-3617.

St. Mary's University

The St. Mary's University Graduate School representative will be at the Brooks Education Services Center Aug. 14. St. Mary's Graduate School offers a partial tuition grant to qualified students. Fall classes begin August 19. Call the Education Center to schedule an appointment.

CLEP tests retire

The College Board is retiring paper-based CLEP tests. The following exams will be retired Nov. 30: General English, General Mathematics, Accounting, American History I and II, and Spanish. General Humanities, General Biology, General Chemistry, German, and Western Civilization I and II. All remaining exams will be retired March 31, 2004. Computer-based CLEP exams are available but service members cannot currently request reimbursement. The Brooks Education Services Office offers CLEP testing Wednesdays at 5 p.m. and Fridays at 8 a.m. Call 536-3617 for additional information or to reserve a seat.

Virtual Education Center

The Air Force Virtual Education Center is on-line. Servicemembers can view information about Air Force Education Centers and the Community College of the Air Force. CCAF students can also order CCAF transcripts from the site. To access the AFVEC go to the following Web site and establish an account at: <https://afvec.langlely.af.mil>. Call the Brooks Education Center at 536-3617 for details.

Discover on-line

The Discover Program is a career exploration program for individuals searching for a new career. This program is available for use by military members, civilians, and family members. For additional information, call 536-3617 to schedule an appointment to review the Web site and get started.



By Jan McMahon
Brooks Services Marketing Office
536-5475

Outdoor Recreation

Bldg. 1154, 536-2881

— Travel Texas with us. Sign up now for a Labor Day weekend trip to the Dallas area. There’s something for everyone in your group. A bus is scheduled to depart Brooks Aug. 30 at 9 a.m., arriving at the Knights Inn in Arlington at 1:30 p.m. Guests will register and have free time until 4 p.m. when the bus again departs for the Medieval Times in Dallas for dinner from 7 to 9 p.m. During each live performance at Medieval Times, guests of the castle enjoy an authentic medieval feast while knights on horseback battle to the death. Medieval Times is an adventure unlike anything you have ever experienced before. The bus will

return guests to the Knights Inn. August 31 is a day of fun at Six Flags over Texas where guests can enjoy thrilling rides and shows. The bus will leave the Knights Inn at 9 a.m. for Six Flags and leave the theme park at 5 p.m. for the return trip to San Antonio, arriving around 9:30 p.m. The trip is \$125 per person, all inclusive. Make your reservations early and don’t miss out on an affordable fun-filled weekend.

— Are you planning an organizational party, unit gathering, family reunion, birthday party or a large gathering of friends? Host your event at one of the four pavilions at Brooks. Prices range from \$25-\$45. Call 536-2881 for specific details on fees and location.

— Clean up clutter around the home or office. Rent an indoor storage unit and get organized. Forty-eight units are conveniently located on the flight line across from Outdoor Recreation. A 6' x 12' unit rents for \$35 per month and a 12' x 12' unit rents for \$60 per month. Call for more information.

Outdoor Recreation rents equipment for fun summer activities. Rent a bicycle and enjoy the local area, or rent camping equipment and spend the night under the stars. Stop by and check out the items available for rent.

Family child care

Bldg. 1154, 536-2041

The Family Child Care Program has moved from Bldg. 510 to Bldg. 1154 and is accepting applications for providers. Responsible adults are needed to provide quality childcare in government quarters and peace of mind to working parents in the Brooks Community.

There are only six licensed providers on Brooks and the Child Development Center has a long waiting list for children younger than 3 years of age. Parents who work irregular shifts or otherwise need more flexibility in their schedules may prefer home day care. Licensed childcare providers must be at least 18 years of age and be able to read and write English. Applicants must attend family childcare orientation training. The training includes sessions about child guidance and development. Requirements also include training courses in cardiopulmonary resuscitation and first aid, minimum liability insurance for home day care providers and home inspections by base agencies, screenings by Safety, Public Health and the Family Child Care Office. Contact the staff for additional information.

Swimming Pool

Bldg. 710, 536-3744

The swimming pool is open. Purchase a season pass and visit any day of the week. The pool is open Monday-Friday from 11 a.m. -1 p.m. for adult lap swim, and 1-7 p.m. Monday-Thursday for open swim. Weekend hours are 1-6 p.m. Friday, Saturday, Sunday and holidays. Pool parties can be scheduled for \$30 per hour through the head lifeguard. Contact the Youth Center staff at 536-2515 or stop by Bldg. 470 for information on swimming lessons.

Fitness Center

Bldg. 940, 536-2188

Meet the commanders at the Health and Fitness Center every Thursday morning at 6:30 a.m. for a walk/run. Military and civilian mem-

bers of the Brooks community are encouraged to participate. Participants receive a Commanders’ Fitness Club T-shirt after participating four times. Additional prizes are offered for other sessions. Sign-up or get more information at the center.

Base Library

Bldg. 705, 536-2634

The “Books are Fun” book sale is back by popular demand. Come select from a variety of books, gifts and music selections at discounted prices. The sale is scheduled for Aug. 27 from 10 a.m. to 6 p.m. and Aug. 28 from 10 a.m. to 3 p.m. Cash, checks and major credit cards are accepted.

The library has free copies of “Celebrating a Century of Flight” for Brooks personnel. The magazine is published by the National Aeronautics and Space Administration and covers topics such as the F-22 Raptor, Space Research, Test Pilot School, Tuskegee Airmen and more.

The library receives 100 donated copies of Reader’s Digest per month. The magazines are donated by citizens to men and women in uniform. Each magazine has the name of the donor and includes the message, “thank you for defending our freedom and nation.”

Child Development Center

Bldg. 502, 536-2736

The 2003-2004 San Antonio Independent School District school year begins Aug. 18. Registration for the Youth Services Center After School Program began July 28. The program offers supervised care, homework assistance, field trips, special activities and a healthy snack.



Feature



Pellegrino

Q&A

FULL NAME:

1st Lt. Nicholas Pellegrino

DUTY TITLE, ORGANIZATION:

Deputy program manager, Aicrew
Laser Eye Protection,
311 Human Systems Program Office

WHAT IS MY JOB?:

I'm working to develop and acquire
laser eye protection to protect
aircrew members from hazardous
lasers.

BIRTHDAY:

Nov. 3, 1967

HOMETOWN:

Nottingham, England

FAMILY STATUS:

Married with three children

MOTTO:

"Do your best in whatever you do."

HOBBIES:

Golf, basketball, soccer

FAVORITE MUSIC:

The 80's

PET PEEVE:

Unmotivated people

BOOK(S) AT BEDSIDE:

Daily Prayer book and J.R. Tolkien's
Lord of the the Rings "The Twin
Towers"

I JOINED THE MILITARY BECAUSE:

I wanted to move back to the United
States and travel the world.

FIVE-YEAR GOAL:

To complete my master's degree
and lower my golf handicap by 5
strokes.

IF I WON THE LOTTERY I'D:

Bring my parents back to the United
States and buy them a nice house.

MY GREATEST ACCOMPLISHMENT:

is being a father to three beautiful
children.

MY MOST PRIZED POSSESSION:

is my old coin collection given to me
by my grandfather.

SPO officer is (not quite) '007'



Photo by Senior Airman Brandy Bogart

By Rita Boland

Staff Writer

The name's Pellegrino. Nick Pellegrino.

While Pellegrino may not be quite James Bond, though both are tall, dark and from England, he does have a certain charm and flair, qualities that make a person wonder - Could he be a secret agent?

Pellegrino isn't England's most lethal weapon, but he does work for his country, carrying out missions deemed essential by his government. In Lieutenant Pellegrino's case, however, the country is the United States and his operating agency is the U.S. military.

Pellegrino's father is American, he served in the Army, and his mother is British. Pellegrino grew up in England, but visited family Connecticut each summer. With his father's citizenship, Pellegrino also had American citizen standing and he decided he wanted to make his home permanently in America and follow his father's military footsteps.

"I wanted to get involved in American culture," Pellegrino said. "I met the (Air Force) recruiter and thought it would be a good idea."

At 18, though, Pellegrino didn't quite know what he got himself into. He did his basic training here in sweltering San Antonio, a far cry from the weather conditions he grew up with in England.

"I thought 'What am I doing here?'" he said.

Pellegrino also wanted to be an officer and had to wrestle with the realization that to reach that goal, he would have to get his degree.

"I just wanted to strive to do the best I could," he said.

During 14 years of enlisted service, Pellegrino earned his degree

and persevered in his dream of a commission, though his requests to attend Officer Training School were rejected more than once.

"(I thought) eventually it could happen," he said. "Here I am."

Here he is, back in the heat of the San Antonio summer.

Along the path to becoming an officer, Pellegrino met his wife, a now-retired airman, and began raising his three children. Family comes first for Pellegrino and, just as he followed his father's footsteps into the military, he wants to emulate his father in the raising of his family.

"My father's been a good example," Pellegrino said. "I just try to follow in his footsteps."

Balancing family and the military provides Pellegrino with a unique set of challenges, but he's learned to make the most of family time.

"(Family is) the most important thing," he said. "I try to juggle and make family time. We try to do fun things."

Though Pellegrino lives in a geographically distant location from his parents and siblings, he remains close to them. His younger brother followed Pellegrino's example and moved to the U.S. He lives in Orlando.

"We're close, but we're miles apart," Pellegrino said.

He sees his parents a few times a year, and saw them much more often during his tours in England and has a family reunion planned.

"I'm looking forward to the reunion at Christmas," Pellegrino said.

Despite the separation from loved ones, Pellegrino has no regrets about joining the Air Force and moving to America. He, like James Bond, takes great pride in his nation.

"America's probably the greatest, anyone can succeed here,"

Pellegrino said. "If you work hard you can probably achieve anything. I think it's a really patriotic country."

Pellegrino, who has traveled extensively through Europe thanks to the military, wants to travel this great country on his own time.

"One of my goals is to go to every state," he said.

In each state he also pursues another of his passions, one picked up, like many things in Pellegrino's life, from his father.

"I do golf in every state," he said.

Pellegrino doesn't wait for vacation to golf, he hits the links every opportunity he gets. And he doesn't just play golf, he watches it, studies it and even volunteers at PGA events. For the second consecutive year he'll volunteer at the Texas Open.

"All golf is big for me," Pellegrino said.

The sport fits him well. Pellegrino is a naturally relaxed man, who enjoys a good laugh and conversation. In a game with plenty of walking and a fair share of frustration, his personality serves him well. In addition, Pellegrino's personal ethics make golf a natural attraction.

"It's a good sport," he said. "There's a lot of integrity in golf. It's something you can do all your life."

A good golfer must also have the motivation to work on his game and Pellegrino take motivation seriously, both in play and work.

"Motivated people work," he said. "We definitely need to have motivated people if you want to get the (mission) done."

Pellegrino would have fit right in with Q and M's get down to business style, but the Air Force is glad to have him fighting on their side.



USAFSAM's 'Romanovs' escape Russian Revolution, begin new life

(Editor's Note: Two surviving members of Imperial Russia's Romanov family adopted America and new U.S. Air Force civil service careers as medical translators for the U.S. Air Force School of Aerospace Medicine. Part II of this series focuses on their escape during the Russian Revolution and subsequent new life in Europe.)

By Rudy Purificato

311th Human Systems Wing

The Russian Revolution that purged the hereditary rulers of Czarist Russia in October 1917, also forced Roman DeJohnson and his family from their ancestral home. DeJohnson, whose adopted U.S. Air Force civil service career was decades away, had become vulnerable to Bolshevik death squads because of his noble blood.

The second cousin to Czar Nicholas II, DeJohnson knew that he did not have much time to secure the safety of his family before the Communist-led revolution swept the Romanov family from power.

"In the spring of 1917, my father decided to send his first wife and children to Finland," recalls his 82-year-old daughter Tamara Boubel, a retired USAFSAM medical translator who today occasionally works as a Brooks consultant.

Disguised as a simple workman, DeJohnson risked arrest and worse by smuggling food and medical

supplies to the families of his former employees living in the Imperial Russian capital of St. Petersburg.

"He heard (Leon) Trotsky and (Vladimir) Lenin make speeches. By November 1917, many of my father's (former) workers had been recruited into the military," Boubel said.

DeJohnson used a flatbed sleigh to deliver supplies to the wives of his former workers.

"Food was scarce. He was a humanitarian," she said of her father who had lost his property during the revolution.

Boubel describes how a mob had come to arrest her father, only to be saved by workers in his sugar refinery.

"The workers put my father on their shoulders and carried him out to safety."

Eventually, DeJohnson's clandestine activities led to his downfall. He was arrested and taken to a people's tribunal, a sort of kangaroo court that summarily executed members of the aristocracy.

However, fate intervened



Courtesy photos

Czar Nicholas II, left, with USAFSAM's Tamara Boubel's grandfather, Grand Duke Nicholas.

in the form of DeJohnson's benevolent and very brave coachman named Peter.

Having witnessed his arrest, Peter used a diversionary tactic to rescue DeJohnson from certain execution. Peter took him to the Finnish frontier.

DeJohnson would never see his beloved Russia again.

By 1920, DeJohnson had married again and fathered daughter Tamara.

"He had opened a private club and restaurant for artists in Helsinki (Finland)," explained Boubel. While he and his new family were safe from the turmoil that enslaved his native country, DeJohnson would make trips to the Finnish-Russian frontier to find out any news about what was going on inside the Communist-dominated nation.

"That's how he found out that the Czar and his family had been killed in Siberia," recalls Boubel. He also later discovered, through conversations with another Romanov survivor who was the daughter of one of the Russian Grand Dukes, the truth about Czar Nicholas II's youngest daughter Anastasia. Anastasia reportedly had been the sole survivor of the mass execution of the Czar, his wife

Alexandra and their five children.

"She (Marina, daughter of a Russian Grand Duke) told my father that the woman who (later) claimed to be Anastasia was an imposter," confessed Boubel.

The real truth that faced DeJohnson, however, was that he could never return to his homeland. His only daughter from his second marriage, Tamara, would become his closest friend and confidant.

"My father always feared that I would be kidnapped,"

admits Boubel.

While his fears were unfounded, DeJohnson, nevertheless, became very protective of his daughter and protégé. DeJohnson moved to Fascist Italy in 1926. His family joined him a year later.

"He wrote a letter to the owner of the Hotel Mediterraneo Alassio, (located) west of Genoa. He was hired to help run the hotel. As a child, I lived there with my mother," recalls Boubel.

As manager of a hotel on the Italian Riviera, DeJohnson did not initially anticipate the future turmoil that would eventually engulf his new home during World War II, nor his daughter's 'violent' encounter with an infamous Nazi leader.

For now, he felt safe managing this and a series of hotels that became a magnet for the rich and powerful elite of a rapidly changing Europe.



Anastasia, the youngest daughter of Czar Nicholas II.



The final burial place of Czar Nicholas II and his family who were executed during the Russian Revolution. This remote site is in Siberia.

Rudolph.Purificato@brooks.af.mil



Welcome additions

The Brooks Chapel welcomes the newest additions to the staff. Chaplain Nelson Arroyo and Staff Sgt. Sarah Baggett, noncommissioned officer in charge.

Midweek mass

Midweek mass at the Brooks Chapel is held Thursdays at 11:30 a.m.

Mass is held each first Friday of the month and on holy days of obligation. Mass is open for the entire base Roman Catholic community. Call 536-3824 for details.

Lifebuilder’s series

The Lifebuilder’s Lunchtime Series resumes this week after a two-week break for Vacation Bible School. Lifebuilder’s is held Wednesdays at noon at the Chapel Annex. Lunch is provided for a donation. The

Lifebuilder’s series is open to all base personnel. Contact the Chapel staff at 536-3824 for more information on themes or participation.

Chapel schedule:

Weekdays:

11:30 a.m. — Mass or Eucharistic service

Wednesdays:

noon — Lifebuilders luncheon

6 p.m. — Catholic choir rehearsal

Thursdays:

7:30 p.m. — Protestant choir rehearsal

Sundays:

9 a.m. — Catholic Mass

10:30 a.m. — Protestant Worship, includes children’s church

The normal Chapel schedule resumes at the end of the summer.





Do you want to quit smoking?

The HAWC now offers
Quit Smart™
smoking cessation classes and one-on-one
appointments to help you stop smoking when
you want to stop.

Please call 536-4292 for class dates and times or to
schedule a one-on-one appointment.





Burnett races ‘Father Time’ preparing for AF Marathon

By Rudy Purificato
311th Human Systems Wing

His entire life has been built on setting goals. Now, Col. Al Burnett will try to meet one of the biggest goals he has set for himself — complete his first Air Force Marathon before “Father Time” catches up with him.

Burnett, the 311th Human Systems Program Office director, doesn’t really believe that time is running out on him regarding his athletic abilities. All he has to do is look to a SPO contractor, 61-year-old marathon globetrotter Dr. Rex Wilson, to know that age is never really an obstacle to achieving life’s goals if you still enjoy good health.

“I want to complete a marathon before I turn 50,” said Burnett, who was born in Fort Worth, Texas, March 7, 1954. The 7th Annual Air Force Marathon he registered for is Sept. 20 at Wright-Patterson Air Force Base, Ohio.

“I was not a runner in school, although I was on the track team as a shotputter,” said Burnett who admits that long distance running has not been part of his vocabulary, until now. Most of his past running was short spurts as a high school and college football player. He achieved his first goal in life by making San Antonio’s Roosevelt High School varsity team as a defensive tackle. Burnett’s second life goal was achieved by playing college football. He made the Texas A&M University squad as a freshman walk-on, despite being the Aggies’ smallest defensive tackle at 245 pounds. “I was fast, quick,” Burnett recalls during his playing days in 1972-73. Since then, he has achieved nearly all of his goals as a career Air Force officer, except one: the challenge of running 26 miles and 385 yards.

“I had a life-altering thing happen to me when I was stationed at Hanscom Air Force Base in 2000,” confessed Burnett about seeing co-workers prepare for the Boston Marathon.

“They were older and in better shape than I was,” he said, realizing that, “It’s cursed to be trapped in a 49-year-old body with a 19-year-old brain.”



Photo by Rudy Purificato

Col. Al Burnett, 311th Human Systems Program Office director, spends lunch hours running on base, in training for his first Air Force Marathon.

That epiphany prompted Burnett to begin a running regimen to prepare for the Air Force Marathon. “My goal is to finish the race in eight hours or less. I plan to finish the race even if I have to crawl,” he says.

“Remember the story of the tortoise and the hare. There won’t be any sonic boom with my running. It will be more like a snail’s pace,” he said.

a registered dietitian, certified diabetes educator and director of the HAWC. “People who have a Body Mass Index (body fat) greater than 25 are at increased risk for high triglycerides, low healthy cholesterol, high blood pressure and diabetes. When these conditions occur together, we call this metabolic syndrome and it dramatically increases one’s risk of heart disease. According to the Centers for Disease Control, over 47 million Americans have this cluster of abnormalities.”

Col. Tom Travis, 311th Human Systems Wing commander, encourages the Brooks base community to stay or get in shape and began the Commander’s Fitness Club, which meets every Thursday morning at 6:30 in front of the base gym.

“Fitness is key to warfighter performance,” Travis said. “And even though we don’t drop bombs, we support those who do. That’s our job. A certain fitness level is required of the uniformed services as part of our profession. The whole idea of the Commanders’ Fitness Club was to get military, civilians, contractors, anyone from Brooks, out with the commanders/directors to walk or run 5K, or spend that hour in the gym. The turnout has been terrific, and I have been very encouraged to see some people out with us who otherwise had no fitness program. This is a worthwhile time investment - and once the habit is started, maybe some will get out there a few times a week to improve their fitness and performance level.”

The obesity/overweight problem costs Americans more than \$100 billion dollars a year in medical care and insurance according to the President’s Council on Physical Fitness and Sports.

America’s youth are also more obese than ever before and many contract Type 2 Diabetes, commonly referred to as “adult on-set diabetes” because children rarely got the disease.

“I think it’s important to share (fitness) values with your children,” McCurtain said. “It’s just part of the lifestyle.”

According to officials at the HAWC, Brooks military personnel mirror rather than exceed civilian world fitness norms.

Base racquetball tourney sets precedent, ‘seeds’ players

By Rudy Purificato
311th Human Systems Wing

The first base racquetball tournament designed to determine the performance level of participants began in mid-July with plans to make future competitions more equitable once the event ends Aug. 7.

“We’ve had a racquetball tournament every year, but we don’t know the caliber of the players (who compete),” said Roy Conatzer, Brooks fitness center director.

“Our plan after this tournament is over is to seed (rank) the players and have another tourney later in the year where we will have equal competition (through the player matchups),” he said.

The double elimination tourney also set another precedent for the number of participants with 17, the most ever for a base racquetball event.

“We don’t have age categories and there is one woman who is competing against the men,” he said. “Age (or gender) doesn’t really mean anything in racquetball,” admits Conatzer.

What’s more important to the fitness center staff is “leveling the playing field” with equitable matchups, while giving lesser skilled players an opportunity to move up through the seedings or rankings as they improve.

Conatzer said senior leaders here have endorsed the plan.

While it is too late to sign up for this tourney, anyone who is interested in registering for the next one, or who would like additional information, should contact Pablo Segura at 536-2188.

The winner of this tournament will earn a base championship trophy and the number one seed for the next tourney.

Brooks personnel have variety of choices to get and stay fit

By Rita Boland
Staff Writer

During the hot summer months the layers come off and the barely-there bathing suits and tank tops come on. Magazines and television shows offer advice on how to appear skinny and hide fat. More important than looking good, however, is taking good care of your health.

“Skinny people have heart attacks,” said Diana McCurtain, exercise physiologist at the Brooks Health and Wellness Center.

One year ago in June, President George W. Bush launched his HealthierUS Initiative encouraging Americans to get moving and get fit. In 2002, Bush was in the top 1 percent of his age group for physical fitness.

Though the basis of the initiative is “every little bit counts,” the administration encourages Americans to exercise regularly, eat a balanced diet, and avoid high-risk activities like smoking.

American adults can get a Presidential Award for physical fitness by participating in the Presidential Active Lifestyles Award program. A program for children, the President’s Challenge, has been in place since 1996.

According to HealthierUS.gov, nearly half of American adults get no exercise and seven of 10 adults don’t exercise regularly. Approximately one-third of American adults are considered obese. While being sedentary can lead to unattractive fat, more serious problems also result.

“Obesity, especially central obesity, is a good predictor of chronic disease risk,” said Maj. Deb Olson,

“I don’t think we’re better than the (civilian) world and I think we should be,” McCurtain said.

For good results, people should exercise three to five times per week for 20-30 minutes depending on intensity. Lower intensity workouts require more time than high intensity workouts. If people can’t find time in their schedule to exercise for 20 minutes, breaking the time up into two 10-minute sessions can also bring benefits.

“It’s not as time consuming as people think,” McCurtain said. She also stressed that people need to make fitness a priority.

“You don’t fit it in, you schedule it in,” she said.

Brooks has two workout facilities, the Health and Fitness Center and the Health and Fitness Center Annex (HAWC), and can also participate in other available services. The HAWC offers nutrition counseling, fitness classes, one-on-one consults, help with rehabilitation efforts when physical therapy benefits run out, basic recommendations (like how to use the equipment and target heart rates), and basic back care classes are available on demand.

“We don’t want to offer classes no one goes to,” McCurtain said.

In addition, the HAWC staff teaches classes on weight control, diabetes self-management, controlling high blood pressure, metabolic syndrome management, relaxation therapy and most recently they have updated their smoking cessation classes which are now also offered one on one if individuals desire.

“We have to meet and maintain standards of appearance and fitness as part of the military way of life,” Travis said. “But I want to go beyond simply stating that it’s required. Raising your fitness level enhances your sense of well-being and improves your mood. Even if you don’t run marathons, treating your body right and increasing fitness makes you feel better.”

Anyone interested in more information on the President’s fitness programs or health information can visit www.fitness.gov or www.whitehouse.gov/infocus/fitness.

For physical fitness information on Brooks contact the HAWC at 536-HAWC.



Brooks Fitness Center hosts Aerobathon

By Rita Boland
Staff Writer

Brooks personnel and dependents filled the gym basketball court pumping their arms and legs to the beat of the music during the Brooks Aerobathon held July 16. The Aerobathon lasted two hours from 11 a.m. to 1 p.m. Three instructors, Vida Marsh, Cheryl Forte and 1st Lt. Erica Lindstrand, from the 311th Human Systems Program office, took turns leading the group in step exercises, kickboxing and yoga.

Instructors and coordinators didn't expect the large turnout they experienced, nor did they expect most participants to stay for the entire two-hour block.

"I was very surprised," Marsh said.

Several of the participants in the Aerobathon were male, an encouraging sign for the instructors, who want people to realize that aerobics classes provide a real, athletic workout.

"It was great. I liked everything. (People) should try it...It's a good workout. It's good for your health."

Rosemarie Garcia
Aerobathon event

quarterly.

"I think it went well," said Roy Conatzer, Director of Fitness and Sports. "I think it's a super program. I think people enjoyed it and I think it's worth having another one."

In addition to more Aerobathons the gym plans to move future classes cancelled by base down days to the day preceding the day off.

The instructors and coordinators hope to encourage more people to exercise regularly and find a routine that they enjoy.



Photo by Senior Airman Brandy Bogart

Vida Marsh, Brooks Services marketing director, and an aerobics instructor, leads one of the class segments during the recent Brooks aerobathon.

"It was great," said Rosemarie Garcia, a participant in the event.

"I liked everything. (People) should try it...It's a good workout. It's good for your health."

Other exercisers shared her sentiments.

"I got a great workout, the instructors were great," said military spouse Arlene Delarosa. "I had fun. Everyone participated. That motivated me."

Several military personnel also participated and hoped to see more people take part in such classes in the future.

"I strongly advise them to come out," said Airman 1st Class Crystal Ray. "You're not only having a workout, you're having fun."

Ray and Staff Sgt. Kimberly Zanders agreed that they'd like to see a yoga session added to the classes offered at the base gym.

Anyone who wants more information on classes can contact the Base Health and Fitness Center at 536-2188.

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SPORTS SHORTS

Frequent Rider cards offer Brooks golfers rewards

The Brooks Golf Course offers Frequent Rider cards. Purchase a card, rent a cart and play 12 times and the 13th game is free.

Call the Golf Course at 536-2636 for more information.



Picnic with the Missions

Brooks personnel are invited to the Aug. 14 San Antonio Missions game and a hot-off-the-grill picnic in the park before the game. Tickets are \$15 for adults and \$10 for children age 12 and under and must be reserved by Aug. 7. Ticket prices include an upper reserve seat and all-you-can-eat fajitas, rice, beans and drinks. Contact Stu Paul at 675-7275, ext. 241 to reserve tickets by Aug. 7. Cash, check and major credit cards are accepted.

Commanders' Fitness Club

Brooks Commanders' Fitness Club recently earned honorable mention from Aeronautical Systems Center Commander Gen. Richard Reynolds for taking the lead with this initiative in fitness. Meet the Brooks commanders at the Health and Fitness Center every Thursday at 6:30 a.m. run/walk. Military and civilian personnel are encouraged to participate. Participants receive a Commanders' Fitness Club T-shirt after participating four times. Additional prizes are offered for other sessions. Sign up at the Fitness Center. Call 536-2188 for more information.

Win the Losing Battle

Get a group of five-10 people together and enter the Win the Losing Battle weight loss competition. The 12-week program combines competitive fun and lifestyle change. Orientation briefings are scheduled for Aug. 18 and 22 from 11 a.m. to 1:30 p.m. at the base Health and Wellness Center. Call 536-4292 to register or for more information. The competition begins Sept. 18.



Photo by Senior Airman Brandy Bogart

Vida Marsh, a Brooks employee and aerobics instructor leads a class through a workout at the base gym during the recent Aerobathon. Marsh was one of three instructors who taught during the event.

"I want to throw a challenge out to all those guys who play basketball," Marsh said. "Aerobics is not just for women. I throw a challenge out to the male population."

Officials at the Health and Fitness Center plan to host an Aerobathon

"It's a lifestyle change and that's what we're trying to introduce," said instructor Cheryl Forte. "It's not as lame as people think."

Those who participated in the Aerobathon enjoyed themselves and hope to see more events like it.



Massages now available at the HAWC

9 a.m.- 5 p.m.

Call 536-4292 for appointment or details

- Nancy Martinez
- Massage \$25/half hr and \$45/hr
 - Deep Tissue Massage
 - Relaxation Massage
 - Prenatal Massage
- Parafin Wax Treatments
 - \$15/area (hands, feet or elbows)
- Spa Facials
 - \$20



- Robert Sanchez
- Relaxation Massage
 - \$25/half hour and \$45/hr



Registration deadlines for 2003 AF marathon

By Susan Murphy
Aeronautical Systems Center

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFPN) — Registration is under way for the 2003 U.S. Air Force Marathon scheduled for Sept. 20 at Wright-Patterson Air Force Base, Ohio.

Runner categories have changed slightly from past years. A 5K fun run and a 1/2 marathon have been added. There will no longer be a marathon team category.

The Air Force Marathon is open to all levels of marathoners, civilians and military, from all around the world.

The first U.S. Air Force Marathon was held at Wright-Patterson AFB Sept. 20, 1997, to coincide with the Air Force's 50th anniversary. U.S.A. Track and Field, the governing body of long-distance running in the United States, certified the course in 1997. Air Force Marathon officials asked for certification in order to assure participants the course is exactly 26 miles, 385 yards.

More than 3,200 runners participated in the marathon representing nearly every state and six countries.

Runners will receive a uniquely designed T-shirt and patch. Participants who finish the marathon within the eight-hour time limit will receive a medallion.

Early registration ended June 30 and the final registration deadline is Sept. 4.

For more information, visit the marathon Web site at <http://afmarathon.wpafb.af.mil>, or call the marathon office at 800-467-1823.



Brooks squad learns to play 'hardball' at AFMC softball tourney

By Rudy Purificato
311th Human Systems Wing

Beating the undefeated number one seed at the Air Force Materiel Command softball tournament helped an under-achieving Brooks squad understand the value of playing a little 'hardball' against superior opponents through a total team effort.

Brooks not only upset Wright-Patterson Air Force Base (8-0) with a stunning 19-15 victory at the tourney July 11-13 at Eglin AFB, Fla., but contributed to that team's unraveling as it lost its next two playoff games and the command title. Eglin won the championship.

"Finally, the bottom half of our batting order started to hit. We put the Brooks 'whammy' on them," said Brooks coach Rob Collins, noting that his squad shocked Wright-Patterson by playing their best game in the single round-robin tournament that featured ten AFMC teams.

Cast in the role of spoilers, Brooks beat the heavily favored team from Dayton, Ohio, to finish the tourney at a disappointing 3-6. Brooks did not advance to the playoff round.

"I wasn't confident going to the tourney with only ten guys," admits Collins, who said his greatest concern was in-

“ “

I wasn't confident going to the tourney with only ten guys. We played nine games in some serious heat and humidity with banged up and tired players.

” ”

Rob Collins

Brooks softball squad coach

jury and fatigue to his players. Having no substitutes was only the beginning of the first-year coach's problems as his team struggled throughout the tournament.

Lack of timely hitting, focus and concentration contributed to the team's woes, especially against weaker opponents, Collins noted.

"We played nine games in some serious heat and humidity with banged up and tired players," Collins said.

The most glaring of their problems was a tourney team batting average of .498, which is equivalent to batting to .247 in baseball.

The team's fate seemed to have been cast in their first tourney game against non-contender Kirtland AFB, which finished with an identical 3-6 record.

"We let that one get away," Collins said of a game they should have won. Particularly telling was the final score, a baseball-like 9-7 tally.

"Scoring only seven runs in a seven inning softball game is unacceptable. There was an eight homer limit. We hit none," the Brooks coach said, referring to the historic reliance in softball competition on the long ball.

"In nine games, we hit no more than six homers in a game. That's glaring," Collins said, explaining that his squad often killed rallies by hitting into double plays.

While their first loss did not get them down, their second game defeat to Edwards AFB was humiliating. Edwards, which finished with a 2-7 record, thumped Brooks 20-8.

Brooks rebounded against Hill AFB. "They were the first good team we played. We jumped all over them," Collins said, explaining that Brooks led 7-0 after four innings. Brooks held on for the 10-9 win.

Hanscom AFB ended Brooks' winning streak at one by pounding them 32-12. The game was called after just four and half innings.

"We got annihilated. They actually played their best game of the tourney against us," Collins said of Hanscom which finished third with a 7-5 tourney record.

Collins characterized their next contest against Robins AFB as a turning point for his squad.

"We played excellent ball and were ahead early. Then we had an 'intramural nightmare meltdown' caused by three mental errors and three physical errors," explained Collins.

Robins scored 19 runs in the bottom of the fourth inning to win the contest 29-7. Making matters worse, Brooks' date with destiny had been

delayed by a four hour rain delay.

Playing their next contest at midnight was not as bad as taking the tourney doormat, Gunter AFB, for granted.

Gunter, which finished the tourney with a last place 0-9 record, almost upset Brooks. Over-confidence by Brooks against a squad that had scored only two runs in their previous two games led to a close, hard-fought contest.

"We took advantage of them early by jumping out to a 10-0 lead in the first inning," Collins said.

However, a comedy of errors and a surprising offensive display put Gunter ahead 15-14 after six innings.

"Ken Chandler hit a three-run homer in the seventh. We won 19-15, but almost lost it," Collins said.

Brooks reserved their best play for last.

Collins said, "We played three great games against the top three teams."

Playing for respect and some dignity, Brooks was competitive against Tinker and Eglin AFB, however, lost to them 22-16 and 23-16, respectively. Their tourney highlight was defeating Wright-Patterson.

Leftfielder Rob Taylor was the only Brooks player to be selected to the All-Tourney team.

A Brooks rookie who should have been honored, Collins said, was cleanup hitter Chandler, a former Air Force Academy Falcon football team tight end.

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